





The Mask Making Process:

With eyes closed we trust the deep knowing of our hands and allow the mask to emerge from within the clay. Through papier maché and paint, the mask continues to take shape. Breath and movement animate this new being as it discovers its home in nature, reveals its power, and shares with us its wisdom.



The Island of Krk

Situated on the Adriatic Sea, picturesque Krk, is the largest and most accessible of Croatia's many Islands. Krk boasts both great natural beauty as well as a rich cultural history. By October the tourists have mostly gone home and historically temperatures hover comfortably in the mid to high teens. Very likely the gorgeous Adriatic sea will still be warm enough for a refreshing dip.

When: Wednesday October 10th through Sunday October 14th

The program will officially begin at 14.00 on Wednesday. We will end by noon on Sunday to accommodate those who

are traveling

Accommodation: Apartment Madhu Lokha,

Nikole Tesle Street 9a, 51551 Malinska, Island of Krk, Croatia For a closer looks visit https://www.facebook.com/tarakaprema/ We will enjoy delicious, simple, fresh, vegan meals, prepared

especially for us by a local professional cook.

Arrival:

The island of Krk is connected to the main land with a bridge, thus being easily accessible by car. Buses from Rijeka and Zagreb leave frequently to Krk. From many European cities there are also inexpensive night bus lines to Rijeka and even directly to Malinska. The island has its own airport (officially the airport of Rijeka); and there are many charter flights and regular lines.

Costs: Course: Regular (including materials): 500 Euros

Early bird price: 450 Euros if registered by September 3rd

Accommodation: 300 Euros includes 4 nights in shared room and vegan meals