



REMEMBERING YOUR SACRED SONG

Ritual Mask Making Retreat

In beautiful Malinska on the Island of Krk, Croatia

Easter Weekend

Thursday April 18 – Monday April 22 2019

With your Mythic and Real-World Guides Tatjana Popov and Jane Greis

Join us on the beautiful Island of Krk where the mythic landscape of Croatia welcomes us for five days of creative depth work, nature connection, and self care.

A magical traditional fairytale, reimagined by the celebrated Croatian writer Ivana Brlic Mazuranic, will guide our inquiry. Our centerpiece will be a deep dive into ritual mask making. Through this profound creative process we will awaken and embody deep wisdom and healing in sacred community.

What new soul aspect is longing to come forward,

to be embraced and danced?

What sacred song is longing to be remembered?



The Mask Making Process:

With eyes closed we trust the deep knowing of our hands and allow the mask to emerge from within the clay. Through papier maché and paint, the mask continues to take shape. Breath and movement animate this new being as it discovers its home in nature, reveals its power, and shares with us its wisdom.



The Island of Krk

Situated on the Adriatic Sea, picturesque Krk, is the largest and most accessible of Croatia's many Islands. Krk boasts both great natural beauty as well as a rich cultural history..

When: **Thursday April 18 – Monday April 22**
The program will officially begin at 14.00 on Thursday
We will end by noon on Monday to accommodate those who are traveling

Accommodation: Apartment Madhu Lokha,
Nikole Tesle Street 9a, 51551 Malinska, Island of Krk, Croatia
For a closer look visit <https://www.facebook.com/tarakaprema/>
We will enjoy delicious, simple, fresh, vegan meals, prepared especially for us by a local professional cook.

Arrival:
The island of Krk is connected to the main land with a bridge, thus being easily accessible by car.. Buses from Rijeka and Zagreb leave frequently to Krk. From many European cities there are also inexpensive night bus lines to Rijeka and even directly to Malinska .The island has its own airport (officially the airport of Rijeka); and there are many charter flights and regular lines.

Costs: Course: Regular (including materials): 500 Euros
Early bird price: 450 Euros if registered by February 28th.
Accommodation: 300 Euros includes 4 nights in shared room and vegan meals

Retreat Leaders

Tatjana Popov

A native of Croatia, Tatjana grew up in Zagreb and has spent many a summer in Malinska and knows the area well. Tatjana is an educator travelling and teaching internationally and currently lives outside Zurich Switzerland. She is a yoga and meditation teacher with an extensive background in dance. She is a color therapist and permaculture designer. She has studied ritual mask making and theater for ten years with Reinhard Winkler and Veronika Glaser.

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Jane Greis

Jane is a native of the US and has been living in Switzerland for 20 years. She has a background in dance studies and somatics, is a Swiss-trained nature pedagog and is currently training as a creative depth coach with Journey Path Institute. She has been engaged in ritual mask making and theater for the past 10 years with Veronika Glaser in Zürich.

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Early bird registration ends February 28, 2019

For information, to register and for travel arrangements please contact Tatjana Popov
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For more information and to register please contact Jane Greis

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