



A Ritual Mask-Making Retreat

In beautiful Malinska on the Island of Krk, Croatia

Sunday April 28th – Friday May 3rd 2024

Join us on the beautiful Island of Krk where the mythic landscape of Croatia welcomes us for five days of transformational arts, nature connection, and renewal.

We will invite deep rest and revitalisation as we connect with the rhythms of the natural world, and the nourishment of sacred community and creative inquiry.

The heart of our time together will offer a deep dive into ritual mask making.

Across ages and cultures, masks have served as portals to the spiritual realm, vessels to embody archetypal energies, and tools to explore the multifaceted aspects of self.

Through this profound creative process, we will awaken our souls knowing, and embody the deep wisdom and healing that surface. We will expand our edges as we discover new stories and possibilities that we can take with us into our daily lives.

Mask making is a blended expressive and contemplative art process that requires no specific talent or previous experience, just an openness to experimentation and play.

What new energies are stirring, ready to be embraced and creatively expressed?

What wild inner landscape is longing to be remembered?

What new soul aspect is emerging from the depths or playing in the shallows?



The Mask Making Process:

With eyes closed we trust the deep knowing of our hands and allow the mask to emerge from within the clay.

Through papier-mâché and paint, the mask continues to take shape.

Breath and movement animate this new being as it discovers its home in nature, reveals its power, and shares with us its wisdom.



When:

Sunday April 28 – Friday May 3 2024

The program will officially begin at 18.00 on Sunday

We will end by noon on Friday to accommodate travel.

The apartment is available the following week if you would like to extend your holiday.

Accommodation:

Apartment Madhu Loka,

Nikole Tesle Street 13, 51551 Malinska, Island of Krk, Croatia

<https://www.facebook.com/tarakaprema/>

We will enjoy delicious, simple, fresh, vegetarian meals, prepared especially for us by a local professional cook.

Arrival:

The island of Krk is connected to the mainland with a bridge, thus easily accessible by car. Buses from Rijeka and Zagreb leave frequently to Krk. From many European cities there are also inexpensive night bus or train lines to Rijeka and even directly to Malinska. The island has its own airport (officially the airport of Rijeka) but as the retreat takes place during the off-season flights are limited.

Course Costs:

Regular: 580 Euros

Early bird price: 480 Euros if registered by February 14th

Accommodation:

380 Euros includes 5 nights in shared room and vegetarian meals

Travel:

Travel costs to and from Krk are not included and are the responsibility of the participant.

Retreat Leaders

Tatjana Popov

A native of Croatia, Tatjana spends ample time in the many bays and forests of Malinska where she leads workshops and retreats on creative self-exploration. She is an early childhood educator, colour therapist, facilitator of neo-humanist pedagogy and teacher training and is a meditation teacher in the Rajadiraj Yoga tradition. After gaining rich experience in Free Dance and classical Indian dance, Tatjana embarked on the journey of mask making and mask theater which she has studied since 2009 with Veronika Glaser in Switzerland and in 2015 & 2016 with Reinhard Winkler and Malou Eberspaecher in their Atelier Wandlungskunst in Germany.

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Jane Greis

Originally from the US, Jane has been living in Switzerland for over 20 years. She has a background in Dance Studies and is a Swiss-trained Nature Pedagog as well as a certified ANFT forest therapy guide. Jane is a certified Creative Depth Coach with Journey Path Institute where she has been on staff for the past five years. Jane has been engaged in ritual mask making and mask play for the past 15 years with Veronika Glaser in Zürich.

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For information, to register and to enquire about travel arrangements please contact:
Tatjana Popov tatjanaturquoise@gmail.com or Jane Greis jane@natureplay.ch

Registration closes on March 15, 2024
Limited to 8 participants

Early bird price available through February 14, 2024
250 Euro is payable upon registration to reserve your spot
The balance is due by March 15th

cancellation policy:

If you cancel your reservation before March 15th the cancellation fee is 50 Euros
If you cancel your reservation after March 15th cancellation fee is the full 250 Euros
If you cancel your reservation after April 12th cancellation fee is the full paid amount

Insurance is the responsibility of the participant