



Something New and Vital Is Stirring

A Ritual Mask-Making Workshop Saturday, May 23rd – Monday, May 25th, 2026

Join us for a three-day workshop exploring ritual mask-making in community and in relationship with nature.

Across ages and cultures, masks have served as portals to the spiritual realm, vessels to embody archetypal energies, and tools to explore the multifaceted aspects of self.

Through this profound creative process, we will embody the deep wisdom and healing that emerge through the process. We will gently expand our edges, discovering new stories and possibilities to carry into daily life.

Mask-making is a blended expressive and contemplative art process that requires no specific talent or previous experience, just an openness to experimentation and play. All mask-making materials are provided.

What new energies are stirring, ready to be embraced and creatively expressed?

What living presence within you is asking to be given a face?

What part of you is ready to step into the world and be seen?



The mask-making process:

With eyes closed we trust the deep knowing of our hands and allow the mask to emerge from within the clay.

Through papier-mâché and paint, the mask continues to take shape.

Breath and movement animate this new being as it discovers its home in nature, reveals its power, and shares its wisdom with us.



When: **Saturday, May 23rd – Monday, May 25th, 2026**

9:00-17:00 with break for lunch

Please bring your own lunch

Where: Atelier Verein Kassiopeia
Boldernstrasse 83,
8708 Männedorf

Reachable by public transport: bus 925 from Männedorf

Course Costs:

- Discounted – CHF 180 (for those needing financial support)
- Standard – CHF 220 (covers the full cost of the workshop)
- Supporter – CHF 260 (helps subsidise lower-income participants)

Please choose the rate that feels right for you.

Fees are due in full by the start of the course.

Course leaders

Tatjana Popov

Originally from Croatia, where she studied pedagogy and early childhood education, Tatjana has been living in Switzerland for over 30 years. She is also trained as a color therapist and yoga and meditation guide. After gaining rich experience in free dance and classical Indian dance, Tatjana embarked on the journey of mask-making and mask theater with Veronika Glaser in Switzerland, as well as with Reinhard Winkler and Malou Eberspächer in Germany.

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Jane Greis

Jane has been engaged in ritual mask work for over 15 years with Veronika Glaser in Switzerland. Her work weaves together movement, nature, and imaginal practice, drawing on a background in dance, nature pedagogy, forest therapy, and expressive arts. She offers a monthly Authentic Movement class in Stäfa near Zürich and works as a Creative Depth Coach with the Journey Path Institute in the US, where she has been on staff for seven years.

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For more information, to register please contact:
Tatjana Popov tatjanaturquoise@gmail.com or Jane Greis jane_greis@yahoo.com

Registration closes on May 1, 2026
Limited to 8 participants

Insurance is the responsibility of the participant